PERSONAL SOCIAL SKILLS

Personal Social Skills are the development of a child’s self-help skills and interactions with others. Personal Social Skills help a child function independently and effectively at home, school/college, at work and in the community.

### What parents can do to help:
- Volunteer in the community with your child and talk about it afterwards
- Point out to your child opportunities to help others (help that man pick up his keys)
- Cook with your child and encourage daily help with chores and cleaning
- Give your child opportunities to play with other children; to learn to share, to take turns and how to relate to others of the same age
- Teach your morals and values and help your child develop a strong work ethic by giving your child a task and to have him/her work on it until it is completed

### Developmental Milestones

- **3 Months**
  - Reaches out for familiar people and shows a desire to be picked up

- **9 Months**
  - Cries for the attention of his/her needs
  - Plays peek-a-boo

- **18 Months**
  - Shows curiosity
  - Imitates others
  - Asks for food or drinks

- **2 to 3 Years**
  - Begins to play interactive games or role plays
  - Tries to be independent

- **3 to 4 Years**
  - Less rebellious
  - Has the ability to share and take turns
  - Helps others freely without being reminded

- **4 to 5 Years**
  - Argues with parents when he/she wants something
  - Wants approval of adults

- **6 Months**
  - Shows pleasure and interest at familiar words and familiar people

- **12 Months**
  - Waves goodbye
  - Shows jealousy and emotions are unstable

- **3 to 4 Years**
  - Less rebellious
  - Has the ability to share and take turns
  - Helps others freely without being reminded

Contact your local Parent Link Programmer for more information